

Ema Yuasa Project

# nosmosis research 2025

September 2025 – January 2026

OPEN CALL  
for  
Screening & Workshop (WS) Participants

## ● nosmosis research

nosmosis research is a project exploring how people from diverse backgrounds can connect, communicate, and foster mutual respect through dance. By engaging in movement workshops, we use physical expression as a tool to expand our perspectives and create a space for reflection—where insights emerge from meaningful interactions across difference.

① Screening & Talk  
Ema Yuasa, Yu Miyai

② Dance & Dialogue WS  
Ema Yuasa, Osamu Jareo,  
Mariko Kakizaki, Sono Ueda

③ WS for parents and children  
Mariko Kakizaki

④ Dancer WS + Cross Community Lab  
Ema Yuasa

Main visual and ① ③ ④ photos: © Yu Miyai

Organize: nosmosis Organizing Committee

Support: Supported by Arts Council Tokyo (Social Grant)  
FY2025 Minato Support Program for Art and Cultural Activities

Cooperate: SHIBAURA HOUSE, Goethe-Institut Tokyo



## ① Screening & Talk

nosmosis research has engaged in dialogue with a wide range of people through movement workshops, interviews, showings, and the creation of dance performances—transcending differences in background, social status, generation, gender, and sexuality. In collaboration with video director Yu Miyai, who has built close connections with participants over time, the event will feature a screening of documentary footage from past projects, followed by a talk. Anyone interested in the project or planning to join the workshop is warmly invited to attend.

### Dates

9/5 (Fri.) 19:00-20:30

### Talk Guest

Yu Miyai, Ema Yuasa

Venue: SHIBAURA HOUSE 5F (Shibaura 3-15-4, Minato City, Tokyo) Capacity: 50 people  
Ticket: ¥1,500 \*¥500 discount for people who live, work, or study at Minato City | Under 24 y.o. / Over 65 y.o.  
Application: (7/15 ~) : <https://nosmosis2025-screening.peatix.com>

Application ▶



## ② Dance & Dialogue WS

This workshop, centered around Ema Yuasa, uses movement as a medium for dialogue and communication, with participants sharing their insights and discoveries. No prior dance experience is required. As the process of mutual discovery and transformation among participants is highly valued, continued participation is recommended. Out of the total of 10 sessions, 5 will feature guest guides alongside Ema. These include Osamu Jareo, Mariko Kakizaki, and emerging artist Sono Ueda—all of whom engage in dance-based dialogue with a wide variety of people, regardless of background or experience. Participants who have previously taken part in the Dance & Dialogue WS are especially encouraged to attend the guest sessions.

### Dates

9/12、9/19、11/21、11/28、12/12、12/19、12/26、1/9、1/23、1/24\* (Sat.) 19:00-21:00

All Fridays except\*

### Artists

Choreographer, Dancer

湯浅永麻 Ema Yuasa



11/28

Choreographer, Dancer

柿崎麻莉子 Mariko Kakizaki



12/12

Dancer

上田園乃 Sono Ueda

12/19, 12/26, 1/9

Choreographer, Dancer

砂連尾理 Osamu Jareo



Venue: SHIBAURA HOUSE 5F (Shibaura 3-15-4, Minato City, Tokyo) Capacity: 10 people  
Eligibility: Those who are interested in communication through physical expression. No dance experience necessary.  
Participation Fee: (1 time) ¥3,500 ¥500 discount for people who live, work, or study at Minato City | Under 24 y.o. / Over 65 y.o.  
Application (7/15 ~): Please send your name, age and preferred date of participation to [info.nosmosis@gmail.com](mailto:info.nosmosis@gmail.com)

## ③ WS for parents and children

A workshop for parents and children to participate together. Guided by Mariko Kakizaki, who has cultivated her own unique sense of physicality beyond conventional frameworks, the session begins with freely enjoying and exploring the space through open and spontaneous movement. As parents and children engage in various forms of physical expressions, we discover new ways of communicating and uncover aspects of one another.

### Dates

1/24 (Sat.) 14:00-15:30

### Artist

Mariko Kakizaki

Venue: SHIBAURA HOUSE 5F (Shibaura 3-15-4, Minato City, Tokyo) Eligibility: Children aged 4 to around 9 years old and their parents or guardians  
Capacity: 5 pair (Each registration is for one child and one guardian. If you would like to join with more than one child, please feel free to consult with us.)  
Participation Fee: (1 group) ¥3,500 ¥500 discount for people who live, work, or study at Minato City  
Application (10/1 ~): Please send names and ages of all participants and preferred date of participation to [info.nosmosis@gmail.com](mailto:info.nosmosis@gmail.com)

## ④ Dancer WS (CT) + Cross Community Lab (CCL)

Dancer WS is a class for semi-professional dancers to learn Countertechnique (CT), a method that cultivates the mind and body for various dance genres. In CCL on Sunday, the first half of the event will be a Countertechnique class, followed by a session focused on sharing the community-centered activities at the heart of nosmosis research. Together, we'll explore how dance can be a tool for meaningful connection, discuss ways to engage with others through movement, and experiment with ideas for creating performances that address social issues and foster new relationships.

### Dates

CT 9/6、12/13、12/20、1/10、1/17 Saturday 10:15-12:45  
CT+CCL 9/7、12/14、12/21、1/11、1/18 Sunday 10:15-15:15

### Artist

Ema Yuasa

\* Only a portion of the program will be held in Minato City. Only those in Minato City are eligible for Kiss Port Foundation's subsidy.

Application(EN) ▶



Venue: We will be announced only to the participants because the venue is depending on the dates.  
Eligibility: Junior high school students and older with at least three years of dance experience.  
Capacity: 15 people \*Attendance at all sessions is recommended for a step-by-step learning process. A minimum of three sessions is required.  
Participation Fee: (1 time) <CT> ¥4,000 <CT+CCL> ¥6,000  
¥500 discount for people who live, work, or study at Minato City | Under 24 y.o. / Over 65 y.o. Discounts available for full participation  
Application (7/15 ~) : <https://forms.gle/Txc4g4mSSbFhbCdW8>

Fee - waiver place : all programmes have quotas for participation fee waivers for those who, for various reasons, are unable to pay the participation fee.

Please see the detailed information on the right and contact us for more information.

Project details: <https://www.emayuasa.com/#nosmosis>

Contact: [info.nosmosis@gmail.com](mailto:info.nosmosis@gmail.com) 080-7856-0120 (weekday 11:00-18:00)

Project  
Details ▶



About  
Fee -  
waiver  
place ▶

